

Ways We Can Help Youth and Young Adults with Internet and Video Game Issues

Presentations and Seminars:

Educational Overview:

Formatted as an in-service for facilitators and leaders in the community, especially pastoral and educational staff.

Practical Prevention:

Developed for parents and families who are looking for specific tools, skills, and strategies that will help prevent any unhealthy patterns from developing within their home.

Learning to Assess and Address Problem Areas in Your Life:

Tailored to the teens, young adults, and parents that may find themselves struggling with unhealthy internet or video game use.

Workshops:

Developing a Healthy Sexual Integrity Workshop:

This full day workshop is educational, interactive and will provide a safe, personalized opportunity to learn and explore with other peers that also face the various temptations that society bombards us with. The goal of this workshop is to introduce God's blueprint for sexual purity and examine the benefits of a deeper relationship with yourself and God, as you learn practical ways to develop sexual integrity in your life.

Therapy Groups:

Developing a Healthy Sexual Integrity Group:

This 12 week, confidential group is designed to help young men develop and maintain sexual integrity in their lives. The goal of this group is to deepen your understanding of God's blueprint for sexual purity and apply practical techniques to accomplish sexual integrity in your life.

Young Adult Men's Issues Group:

This confidential group meets once a month and is designed to help young adult men focus on being healthy in all areas of their life. This confidential group will provide accountability, support and learning. This group will cover specific topics on a quarterly basis and is designed for young adult males who are looking to develop healthy foundations for their life and relationships.

About Us:

The Center for Christian Counseling, Consultation and Training, Inc. (The Center) is a counseling service that is founded on Christian values. It was established in response to demand in the Madison area for skilled therapists whose beliefs and techniques are consistent with Biblical truths. The staff at the Center combine competence in understanding human relationships, with a willingness to call upon the power of God, to heal people's hurt and bring personal growth in the process. Each member of the staff is committed to Jesus Christ as the center of their lives and the foundations of their work. The Center helps children, teens, men, women, couples and families learn how to live Chris-honoring lives in a world of technological idols and sexual immorality. To contact the Center, you can visit their website at www.christiancounselingmadison.com or call the office at 608.274.8294.